



BREATHE • RELAX • STA WELL

804 Anastasia Blvd, St. Augustine, FL
904.217.7341 | www.lacurasaltspa.com

Services and Pricing

ADULT SALT THERAPY 45 MINUTES

First Session	\$20
Single Session	\$35
5 Sessions	\$150
10 Sessions	\$250
Monthly – 6 sessions	\$100
Monthly - 12 sessions	\$144
Monthly Salt or Sauna 6	\$100

****Monthly packages must be used within a month**

INFRARED SAUNA 30 MINUTES

First Session	\$15
Single Session	\$25
5 Sessions	\$105
10 Sessions	\$190
Monthly – 6 sessions	\$95
Monthly -12 sessions	\$120

2nd person in sauna \$12

****Monthly pkg must be used within a month**

YOGA CLASSES

Monday – Slow Flow Vinyasa 11:00 – 12:15, **Tuesday** – Vinyasa 10:30 -11:45, **Gentle Yoga** 5:30 – 6:45
Wednesday – Gentle Flow 10:30 – 11:45, **Thursday** – Gentle Kripalu 5:30 - 6:45, **Saturday** - Slow Flow Vinyasa 10:30 -11:45

Private Yoga & Groups Available by Appointment \$70/hr. Salt and Yoga Room available for Workshops and Retreats. Corporate Rates Available - We come to you!

Hours:

Monday – Friday 10am – 6pm

Thursday 10- 7

Saturday 10 – 3

WELLNESS TREATMENTS

Massage Therapy \$75/hour ~ Lic. #MM36999
Myoskeletal Alignment & Deep Tissue \$110/90 min

FACIAL TREATMENTS

Zen Facial (60 min) \$85
Nourishment Facial (30 min) \$55
HydraFacial MD \$149 and up
Microdermabrasion Facial \$125 (60 min)
Mini-microdermabrasion \$75 (30 min)
Facial w/ Peel (Glycolic or Lactic) \$125 (60 min)
Peel Treatment \$75 (30 min)
Gentlemen’s Facial \$65 (45 min)
Luxe Lift Facial – (Zen Facial plus NuFACE Micro Current and eye/ lip treatment) \$150 (75 min)
Back Facial w/ microdermabrasion, HydraFacial MD & Infrared Light \$225 (60 min)
Microneedling \$249

See website for details

BROWS & LASHES

Lash or Brow Tint \$15 / Lash & Brow Tint \$25
Wax/derma plane: Lips \$10 Face \$45 / Brow Shaping \$20
Lash Extensions ~ Full Set starting at \$150
Fill-ins starting at \$55 / Lash Lift and Tint \$75
Brow Shaping \$20

MICROBLADING \$425 (including touch up)

Microblading Special-\$400



- Sta Well Total Health Memberships: Unlimited sessions. Monthly Package expires one month from date of first visit
- Monthly Packages expire 1 month from first visit. No hold or rollover sessions permitted
- 5 and 10 Package Sessions expire 1 year from date of first visit
- Monthly Salt and Sauna Package: receive 6 or 12 sessions a month, additional sessions only \$10/each
- Annual expires 1 year from first visit. **Annual Membership are on a monthly draw.
- Private Salt Room events: If you are interested in reserving the entire Salt Room for an event, it's \$200 for 45 minutes
- Salt room capacity is 6 people. Additional persons \$20/each; max persons 8.

Salt Room Sessions - Salt Room Therapy sessions are 45 minutes in length and *begin promptly* on the top of each hour. We ask you arrive on time so the session may begin as scheduled. Late arrivals (15-minutes past session start time) will have to wait until next salt session begins, or rebook your session for another time.

What to wear for your Salt Session - Regular clothing, and socks. If you forget your socks, or prefer not to take your shoes off, we provide foot and shoe coverings. The salt room is climate controlled and kept cool. We provide blankets for your session, but feel free to bring a sweater.

***We provide individual iPods and earbuds as each chair for your session. Please feel free to bring your own music, or ear buds to plug into our music!

Infrared Sauna Sessions - Our Sauna sessions are 30 minutes. If you'd like to stay in the sauna longer than 30-minutes, you may purchase additional minutes at \$1/minute. Please let us know in advance if you'd like a 45-minute or 60-minute session.

What to wear for your Sauna Session - The less clothes the better since you will be producing a good amount of sweat! We recommend a bathing suit, or your birthday suit. We provide towels, however, feel free to bring your own towel.

Changes to your Appointments: - We respectfully request at least 24-hours-notice for any changes, or cancellations, to appointments. We may require a credit card to hold your appointment time.

Cancellation Policy - In the event we do not receive 24-hour notice for appointment adjustments, cancellations, or no-shows, your appointment is subject to a \$20 cancellation fee. Please call us if you need to cancel or change your appointment.

Arrival Time - On your first visit to our spa, please arrive 15-20 minutes prior to your scheduled appointment to allow time to complete the necessary paperwork. And, to relax a moment before your session begins. For returning guests, we suggest arriving 5-10 minutes prior to your appointment. (If it is your first time visiting with us, you may fill out your paperwork prior to your arrival by visiting our website and downloading/printing the waiver form, completing it and bringing with you.

www.lacurasaltspa.com/schedulenow)

**For additional information and FAQ about Salt Room and Infrared Sauna,
and to view our Yoga class schedule go to LACURASALTSPA.COM
Or call 904.217.7341**