



# LaCura Salt Spa

**BREATHE \* RELAX \* STA WELL**

804 Anastasia Blvd, St. Augustine, FL

904.217.7341 [www.lacurasaltspa.com](http://www.lacurasaltspa.com)

## ADULT SALT THERAPY 45 MINUTES First

Session	\$20
Single Session	\$35
3 sessions	\$57.50
5 Sessions	\$79.00
30 days Unlimited	\$100

\*must be used within 30 days of 1<sup>st</sup> visit

## INFRARED SAUNA 30 MINUTES First

Session	\$15
Single Session	\$25
3 Sessions	\$39
5 Sessions	\$65

10 SESSIONS SAUNA CLUB \$100\*

\*must be used within 30 days of first visit  
2nd person in sauna \$12

## Hours:

**Mon - Wed & Fri 10am–6pm, Thurs 10am–7pm**

**Sat 10am–3pm**

Private Group Times Available by  
Appointment

Call for Personalized Party Pricing! ...Bridal/  
Birthday/Bachelorette/Spa Days...

## WELLNESS TREATMENTS

**We offer Swedish, Deep Tissue, Myofascial, Orthopedic, Pregnancy... we can personalize your massage.**

Massage Therapy/ Reiki \$55/30 min, \$75/60 min, \$110/90 min

Hot Stone \$110/60 min

Couples Massage \$180 per couple

Himalayan Salt Exfoliation Treatment \$65/ 30 min.

## FACIAL TREATMENTS

Zen Facial \$85/50 min

Nourishment Facial \$55/30 min

HydraFacial MD \$149

Gentlemen's Facial \$65/45 min

Micro-needling \$249

(add-ons available)

\*see website for more details

## BROWS AND LASHES

Lash OR Brow Tint \$15, Lash AND Brow Tint \$25

Brow Shaping \$20

Lash Extensions-Full set starting at \$150/ Fill-in starting at \$55

Lash Lift and Tint \$75

Microblading \$425 including 4-week touchup

## Waxing/Dermaplaning

Upper Lip \$10 Face \$35 and up



*\*\*Groups available by appointment. We offer Corporate Rates. Please call for pricing.*

- *Memberships/Unlimited Sessions/Monthly Packages expire one month from date of first visit. NO HOLD OR ROLLOVER SESSIONS PERMITTED.*

Salt Room Therapy sessions are 45 minutes in length and begin promptly on the top of each hour. We ask you arrive on time so the session may begin as scheduled. Late arrivals (15-minutes past session start time) will have to wait until next salt session begins, or rebook your session for another time.

*What to wear for your Salt Session* - Regular clothing, and socks. If you forget your socks, or prefer not to take your shoes off, we provide foot and shoe coverings. The salt room is climate controlled and kept cool. We provide blankets for your session, but feel free to bring a sweater. We also provide individual iPods and earbuds as each chair for your session. Please feel free to bring your own music, or ear buds to plug into our music!

*Infrared Sauna Sessions* - Our Sauna sessions are 30 minutes. If you'd like to stay in the sauna longer than 30-minutes, you may purchase additional 15-30 minutes. Please let us know in advance if you'd like a 45-minute or 60-minute session.

*What to wear for your Sauna Session* - The less clothes the better since you will be producing a good amount of sweat! We recommend a bathing suit, or your birthday suit. We provide towels, however, feel free to bring your own towel.

*Changes to your Appointments:* - We respectfully request at least 24-hours-notice for any changes, or cancellations, to appointments. We require a credit card to hold some appointment times.

**Cancellation Policy - In the event we do not receive 24-hour notice for appointment adjustments, cancellations, or no-shows, your appointment is subject to a cancellation fee up to 50% of your original booking price. Please call us if you need to cancel or change your appointment.**

*Arrival Time* - On your first visit to our spa, please arrive 15-20 minutes prior to your scheduled appointment to allow time to complete the necessary paperwork. And, to relax a moment before your session begins. For returning guests, we suggest arriving 5-10 minutes prior to your appointment. (If it is your first time visiting with us, you may fill out your paperwork prior to your arrival by visiting our website and downloading/printing the waiver form, completing it and bringing with you. [www.lacurasaltspa.com/schedulenow](http://www.lacurasaltspa.com/schedulenow))

**For additional information and FAQ about Salt Room and Infrared Sauna,  
and to view our Yoga class schedule go to [LACURASALTSPA.COM](http://LACURASALTSPA.COM)  
Or call 904.217.7341**